
Kent Athletic & Wellness Center

800 High St
Chestertown, MD 21620
(410) 778-3148

Corporate Wellness

for Kent County Businesses

We Advocate for a Healthy Community.

Kent Athletic & Wellness Center was founded on the basis that fitness should be attainable to all and that a fit community is the key to a healthier community. As such we serve the community and the people who walk through our doors with a wide range of fitness options to pursue, from sports, to exercise classes, to personal training, to sports rec leagues for kids. When you walk through our doors you are not going to a "club"; you are entering a friendly fitness facility!

What Can We Do for You?

Corporate Discounts for Memberships with 3+ Employee Sign Ups

Payroll Deduction

Fitness Screenings

Events - Self Run or KAWC Hosted

Adult Sport Leagues

Aerobics Classes

Personal Training

Internal and External Company Competitions

Lunch-and-Learns

Gymnasium Rentals

Fitness Evaluations

Nutrition Counseling

Yoga

Tracked Check-Ins

and More!

Payroll Deduction

We can work with your accounting team to offer payroll deduction for your membership enrolled employees. The process is quite simple and allows your workforce to budget their wellness opportunities with ease.

Contact Us Today!

Let us be your wellness partner! Arrange a call or meeting with us to discuss the best approach for your company!